35th International Society for Snowsports Medicine - SITEMSH Congress 2016
Inawashiro – Fukushima
JAPAN

March 13-17, 2016

Chairman: Prof. Yukio Urabe
Department of Sports Rehabilitation
Graduate School of Biomedical & Health Science
Hiroshima University, Japan

Secretariat of the 35th SITEMSH congress: Nobuaki Moriyama
Graduate School of Biomedical & Health Science
Hiroshima University, Japan
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Venue: Hotel Listel Inawashiro
http://www.listel-inawashiro.jp/english/
INAWASHIRO SKI RESORT Information
http://www.powderhounds.com/Japan/Honshu/Inawashiro.aspx

ANNOUNCEMENT AND CALL FOR ABSTRACTS

The 35th congress of the International Society for Snowsports Medicine will be held in the Ski Resort of Inawashiro, JAPAN from March 13-17, 2016.

Papers are invited on all aspects of Snowsports safety including knee injuries, injury prevention, epidemiology, rehabilitation & physical medicine, organisation of medical assistance in a ski resort, biomechanics & design of material, head & severe injuries, surgical treatment…Contributions are welcome.

For your abstract to be included in the final scientific program, it is necessary to be registered for the congress and to settle payment as soon as you receive the notification of abstract acceptance.
(For more information please contact: abstractsitemsh2016@gmail.com)

Deadline for abstract submission: Friday, Jan 29th, 2016

INFO ABOUT THE CONGRESS AND REGISTRATION AT:

www.sitemsh.org
Abstract guidelines:
- All abstracts should be submitted in English and in Microsoft Word format
- Preferred font Times New Roman size 10.
- Set all margins at 2.5 cm
- Identify the presenting author by an asterisk (*)
- The text of the abstract should be no more than 400 words and follow the format below:
  * Introduction
  * Materials/Methods
  * Results
  * Conclusions
- If results are not yet available, please state "results not yet available"
- Abstract should be submitted as an email attachment to:
  abstractsitemsh2016@gmail.com
- Please name your file “authorname.doc”, in case you submit more than one abstract, please use authorname1.doc, authorname2.doc, and so on.

PROGRAM

Sunday 13th
Arrival
18h opening ceremony

Monday 14th
Session 1: 9h-10h30 Epidemiology
Session 2: 11h-12h45 Snowsports. Less Common Activities on the Slopes
Session 3: 16h-18h Shoulder Injuries

Tuesday 15th
Session 1: 9h-11h Severe Injuries
Session 2: 11h30-13h00 Rehabilitation & Physical Medicine
Session 3: 16h-18h Free Papers

Wednesday 16th
Practical workshops

Thursday 17th
Session 1: 9h-11h Knee Injuries & Their Prevention
Session 2: 11h30-13h30 Biomechanics & Materials

20h Gala Dinner
ACCESS INFORMATION

In general, it takes about 4 hours from International airports in Tokyo (Narita airport, Haneda airport). First, please go to JR (Japan railway) Tokyo station.

1. from Haneda airport to Tokyo station.
   [Link](https://www.tokyo-airport-bldg.co.jp/en/access/train/entrance_gate.html)
   [Link](https://www.tokyo-airport-bldg.co.jp/en/access/train/route_map.html)
2. from Narita airport to Tokyo station

Please go to Tokyo station by Narita Express (red line)

Access from international airports to the venue

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<thead>
<tr>
<th>Haneda Airport</th>
<th>Narita Airport</th>
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<tr>
<td><strong>Tokyo monorail</strong>&lt;br&gt;Time: About 20 mins&lt;br&gt;Trains depart frequently</td>
<td><strong>JR Narita Express</strong>&lt;br&gt;Time: About 60 mins&lt;br&gt;Trains depart Every 30 mins</td>
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<td><strong>JR Hamamatsucho Station</strong>&lt;br&gt;(JR浜松町駅)&lt;br&gt;Time: About 6 mins&lt;br&gt;Trains depart frequently</td>
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<td><strong>JR Tohoku Shinkansen (Bullet train)</strong>&lt;br&gt;Yamabiko くやまひこ or Tsubasa つばさ&lt;br&gt;Time: About 100 mins&lt;br&gt;Please be careful that some trains don't stop at Koriyama Stn.&lt;br&gt;Trains depart Every 20-30 mins</td>
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<td><strong>JR Koriyama Station</strong>&lt;br&gt;(JR倉敷駅)</td>
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<tr>
<td><strong>JR Ban-ei-sai-sen Line</strong>&lt;br&gt;Time: About 45 mins&lt;br&gt;Trains depart every 60 mins</td>
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<td><strong>JR Inawashiro Station</strong>&lt;br&gt;(JR猪苗代駅)</td>
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<td>Taxi (15 mins approx. 1,500 yen)&lt;br&gt;or shuttle bus (6, 7 times per day)</td>
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<td><strong>Venue Listel Ski Resort</strong></td>
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Transportation fee
8920 JPY (From Haneda Airport), 11000 JPY (From Narita Airport)

ACCOMODATION

Hotel Listel Inawashiro
As of January 5th 1€ = 127.81 JPY，1$ = 118.95
Price (subject to change)
Per person (not per room), per night

<table>
<thead>
<tr>
<th>Twin room</th>
<th>Per person (not per room), per night</th>
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<tbody>
<tr>
<td>2 persons</td>
<td>¥11000</td>
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<tr>
<td>1 person</td>
<td>¥14000</td>
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PARTICIPATION FEE

Price: 300€ (≒¥38,343)
Included: ski experience or excursion, lunch, participation to the congress
Not included: transportation fee, accommodation fee

REGISTRATION IN OUR WEBSITE:

www.sitemsh.org