

講義ユニット名 Title of Lecture	Public Health and Health Policy		所属科目名 Title of Course	Social Medicine
講義ユニット責任者 Responsible Instructor	EBOSHIDA AKIRA	所属 Affiliation	Public Health and Health Policy (内線 Ext. Number 5167)	
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講義ユニットコーディネーター Lecture Coordinator	EBOSHIDA AKIRA	所属 Affiliation	Public Health and Health Policy (内線 Ext. Number 5167)	
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授業方法 Lesson Style	Lecture-centered, discussions, presentations by students - Lecture-style class: Lectures, onsite training (workshop-style), practical training - Highly interactive classes based on student preparation - Small reports will be assigned during lectures.			
概要 Overview	Students will learn about public health (an area of study mainly focusing on prescriptions for social health through community organizational efforts) with a focus on “justice (an ideology and methodology for correcting social, economic, health, and other discrepancies)”, which is the basic principle of health and longevity, the primary objective (in a narrow sense) of medicine and healthcare. Students will therefore also learn about methods and applications of social medicine, which is responsible for health in general, through lectures, practical training, onsite training, and other means. Social and community health will be discussed from the perspective of prevention, epidemiology, and system. In lectures, the policies of the scientific and healthcare systems in the health area will be summarized and the structure and implementation of the systems will also be explained. Students will also improve their recognition and understanding of satisfaction, happiness, fulfillment, and other emotional states of individuals and societies that are attained by ensuring a high quality of life (QOL), which is the final objective (in a broad sense) of medicine and healthcare.			

<p>講義ユニットの 到達目標 Academic Goals</p>	<p>Give an outline of the relationships between the social structure (family, community, local community, and internationalization) and health/disease.</p> <p>Give an outline of the relationships between environment and health/disease (environment and adaptation, host-environment system, the cause of a disease and health behavior, environmental standards, and environmental assessment, environmental pollution and environmental conservation).</p> <p>Explain health issues at each life stage.</p> <p>Give an outline of sick house syndrome.</p> <p>List lifestyle-related diseases.</p> <p>Explain the relationships between lifestyle and obesity, dyslipidemia (hyperlipidemia), and arteriosclerosis.</p> <p>Explain the relationship between lifestyle and diabetes.</p> <p>Explain the relationship between lifestyle and hypertension.</p> <p>Explain the relationship between lifestyle and cancer.</p> <p>Explain the relationship between smoking and disease and smoking cessation instructions.</p> <p>Explain the social security system in Japan.</p> <p>Explain the characteristics of elderly welfare and healthcare.</p> <p>Explain the assessment of the quality of healthcare (the definition of quality and clinical pathways).</p> <p>Give an outline of national healthcare revenues and expenditures and the future forecast.</p> <p>Explain health resources and the pricing of healthcare services.</p> <p>Explain licenses for healthcare professionals, their current state, roles and collaboration, and team-based approach.</p> <p>List the types and precautions for use of clinical practice guidelines.</p> <p>List drug-related laws and regulations and issues related to the proper use of pharmaceuticals.</p>
<p>講義日程 Class Schedule</p>	<p>See the attached schedule.</p>
<p>出席の取り扱い Class Attendance Policy</p>	<p>Attendance is taken every lecture using the Student Attendance Management System.</p> <p>A student whose attendance is less than two-thirds of all the classes is not eligible for taking the final examination.</p>
<p>評価項目 Evaluation Item</p>	<p>Achievement level of goals (basic understanding and application of knowledge)</p>

<p>評価法 Evaluation Method</p>	<p>Grading will be based on both examinations and onsite training (reports on results). Attendance is checked based on small reports submitted during lectures. (Any student entering the classroom late, 30 minutes or more after class has begun, will be considered absent even if a small report is submitted.)</p> <p>Positive attitudes in asking questions and learning during a lecture will be seriously considered in assigning a grade. (Individual students will be required to express their opinions and answer questions.)</p> <p>[Important points]</p> <ol style="list-style-type: none"> 1. To earn the credits for "Social Medicine," it is required that the student completes all the required courses in Hygienic, Public Health, and Forensic Medicine. 2. Therefore, a student who has failed to earn the credits for Social Medicine, and will repeat a year, needs to repeat the same courses in Hygienic, Public Health, and Forensic Medicine again next year. 3. Pay careful attention to the requirements (for attendance, examinations and practical training) when taking classes.
<p>履修上のアドバイス Advice for Taking the Lecture</p>	<p>Students should think seriously about the roles of healthcare, society, and themselves on a daily basis from the perspective of substantialism.</p>
<p>推奨参考書 Recommended Reference Books</p>	<ol style="list-style-type: none"> 1) <i>Yobo Igaku-no Strategy: Seikatsu Shukanbyo Taisaku-to Kenko Zoshin (The Strategy of Preventive Medicine)</i>. Igakushoin; 2004 2) Marmot MG. <i>Social Determinants of Health (21-seiki-no Kenkozukuri 10-no Teigen: Shakai Kankyo-to Kenko Mondai)</i>. Japan Medical Planning; 2002 3) <i>Kokumin Eisei-no Doko</i>. Latest edition for 2012-2013. (Annually update in August). Health, Labour and Welfare Statistics Association 4) <i>Kokumin Fukushi-no Doko</i>. Latest edition for 2012-2013. (Annually update in August). Health, Labour and Welfare Statistics Association 5) WHO: http://www.who.int/ 6) Ministry of Health, Labour and Welfare: http://www.mhlw.go.jp/