

HIRODAI CNC

HIRODAI CLUBS AND CIRCLES



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Introduction

Extracurricular activities are one of the best ways of relaxing and releasing any possible stress that has piled up as a result of your studies. In Japan, extracurricular activities often take the form of either serious clubs which practice almost every day, and more relaxed circles where hanging out with others is often just as important as the activity itself.

Joining a club or circle can help you make many new friends during your exchange period in Hiroshima University, while also developing various skills depending on the activity. In addition to the actual club activity, nearly every club or circle holds many other events throughout the year, such as year-end party *bounenkai* or farewell party for graduating members.

The purpose of this guidebook is to introduce various clubs and circles that are active in Higashi-Hiroshima campus, and we definitely recommend that you at least try some of the activities out.

Before participating in some activity for the first time, it is recommended to contact the club or circle beforehand, for example by sending an email or a private message on Twitter. It is not only good manners, but because some of the clubs and circles might change certain things such as the time or the place of the activity, the information provided in this guidebook is not guaranteed to be up-to-date. Also when we were making this guidebook, some of the clubs were not sure about the details at that time, so we could not include complete information here. Below is an example message in Japanese that you can use when contacting these clubs.

Example Message

The following is an example email, which you can use to contact one of the circles or clubs you are interested in. Just insert the circles/clubs name, your name and country.

Here is the Kanji version:

CIRCLE NAME の方へ

はじめまして！

私は HUSA の留学生の NAME です。COUNTRY から来ました。CIRCLE NAME に興味があるので、メールしました。一回 CIRCLE NAME の活動に行ってみたいのですが、いつ、どこに行けばいいですか。お返事をお待ちしています。

よろしくお願いします。

Here is the Hiragana version:

CIRCLE NAME の かた へ

はじめまして

わたし は HUSA の りゅうがくせい の NAME です。COUNTRY から きました。CIRCLE NAME に きょうみ が ある ので、 メール しました。いっかい CIRCLE NAME の かつどう に いってみたい の です が、いつ、どこ に いけば いい ですか。おへんじ を おまちしています。

よろしくおねがいします。

Clubs and Circles

Below we have listed 16 clubs or circles with some general information about them. All of the clubs/circles welcome beginners, although the joining time might be limited. For most of the clubs/circles, it is recommended that you could understand at least some Japanese, enough to hold simple everyday conversations with Japanese people. However, there are also some clubs that do not require any Japanese ability to join.

Aikido (Budō) 心身統一合氣道部:

The Aikido club trains four times a week, and you shouldn't miss a practice if possible. Despite this, beginners are welcomed. In November there is a big martial arts demonstration.

Time:	Four times a week for 90 min.
Place:	West Gymnasium, in special cases Higashi-Hiroshima sports park.
Fee:	Yes, but the amount is unknown.
Contact:	Website: https://hirodaisinsintouitu.jimdo.com ; Twitter: @hu_aikido ; Email: hu_aikidou@yahoo.co.jp
Equipment:	Martial arts uniform.
Note:	You should attend every practice, if possible.



Archery Club アーチェリ一部:

This club focuses on western archery, so if you are interested, check it out. Usually it is okay, if you skip, but you have to inform the club leader about it. There are also tournaments throughout the year.

Time:

Mondays, Wednesdays and Fridays from 16:30 - 19:00 and Saturdays from 9:00-12:30.

Place:

Near the 国際関係研究科棟 (IDEC) and 野球場 (Baseball field).

Fee:

1,000yen/month

Contact:

Website: home.hiroshima-u.ac.jp/archery/intro.html

Twitter: [@2015HUAC](https://twitter.com/2015HUAC)

Email: b170075@hiroshima-u.ac.jp (Kobayashi Hiromoto)

or b170188@hiroshima-u.ac.jp (Fujita Miho, English OK!)

Equipment:

Can be borrowed at the beginning.



Boxing Club ボクシング部:

In the Boxing club, most people practice with the goal of winning matches in mind, but it is okay not to participate in matches. Furthermore, it is okay to skip practice in this club. Every year there are several events like summer BBQ, a stand at the Yukata festival, Autumn marathon tournament and the winter farewell party.

Time: Wednesdays and Fridays from 18- 21 and Sundays from 10-13.

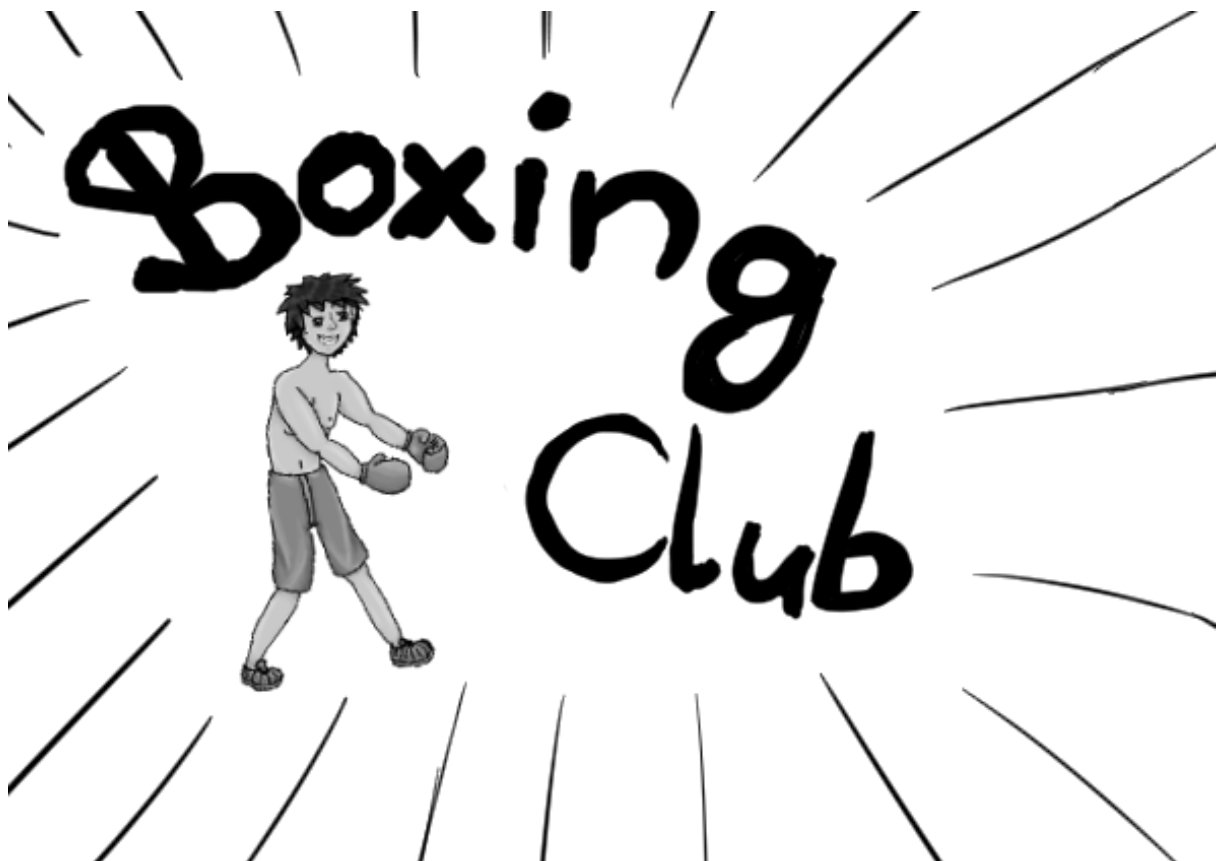
Place: East Gymnasium

Fee: 6,000 yen every 6months.

Contact: Twitter: [@hiro dai_boxing](https://twitter.com/hiro dai_boxing)
Email: b166423@hiroshima-u.ac.jp

Equipment: Bandage (around 1,000yen)

Note: If you are interested, come to check it out at least once.



Chorus Club 広島大学合唱団:

The main activity of this Club is chorus practice (surprise!). It is recommended to not skip practice, since you will have a hard time catching up. At the end of the year there is a performance and additionally you can participate in various performances in Hiroshima prefecture.

Time:

Tuesdays and Thursdays from 18:20- 20:20 and Saturdays from 10:00-13:00

Place:

The cultural clubs and circles building next to Daigakukaikan.

Fee:

500yen/month

Contact:

Website: <https://hucchome.jimdo.com/>

Twitter: [@hucchome](https://twitter.com/hucchome)

Email: hucchome@gmail.com

Equipment:

None



Exploration Club 探検部:

Activities included in the Exploration club are things like mountain climbing, cavern exploration, camping, hiking and other outdoor activities. There are weekly meetings, where the activities, which usually take place on longer vacations (e. g. holidays, etc.), are planned. Of course, you don't need to participate in all events, if an event doesn't sound interesting for you. So, if you are interested in different outdoor activities, this club may be the one for you.

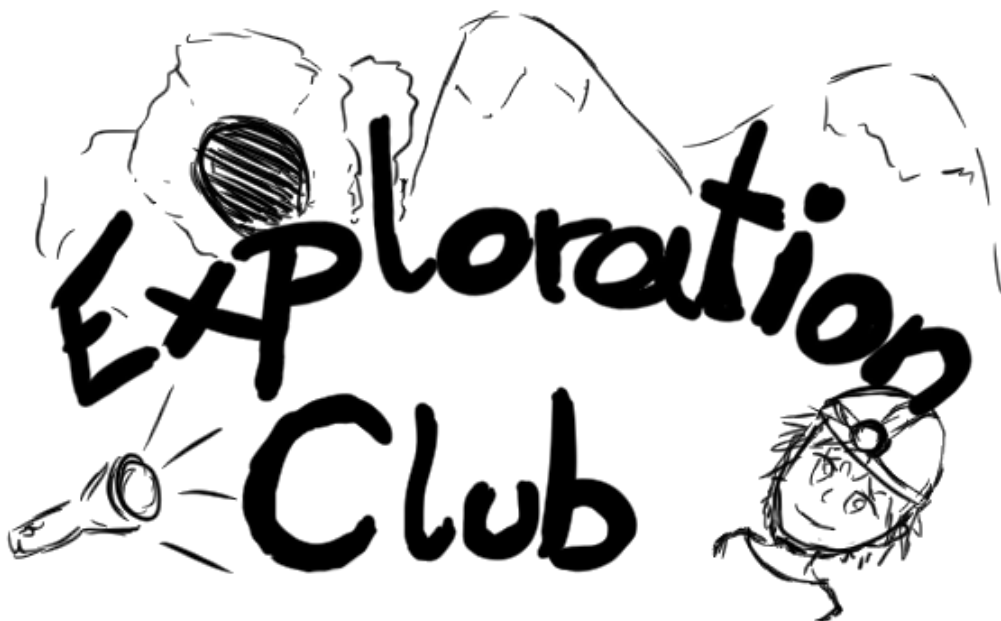
Time: Meetings on Thursday & Friday; activities on longer breaks/holidays.

Place: Meetings at Integrated arts & sciences buildings.

Fee: No, but for certain activities you need an insurance.

Contact: Twitter: [@hutkb48](https://twitter.com/hutkb48)

Equipment: Depending on the activity; generally, things like sleeping bag & overall suit.



Fineshot:

FINESHOT is a hard tennis circle at Hirodai. As a circle, FINESHOT is more lenient than the other hard tennis club. It is okay to skip practice or just come for an hour. This club has a training camp/ lodging twice a year with around 100 people participating.

Time: Mondays and Thursdays from 17-19 and Saturdays from 10-15.

Place: Integrated arts & science tennis court, sometimes other courts as well.

Fee: There is a fee, but the amount is unknown.

Contact: Twitter: [@FINESHOT1991](https://twitter.com/FINESHOT1991)

Equipment: If possible bring tennis shoes & racket but can be borrowed as well.

Note: Skipping practice is ok, participating only one hour or only in events is ok. Come try once and see the atmosphere yourself, it should be fun



Guitar Club ギタークラブ:

Are you interested in playing classical guitar? Maybe this club will catch your interest, even if you are a beginner. Attendance is not really necessary, but especially before a performance, everyone is expected to try their hardest and practice with utmost effort. Performances will be held twice a year.

Time:

Mondays and Thursdays from 19-21.

Place:

Cultural circles and clubs building next to Daigakukaikan.

Fee:

1,500yen/month

Contact:

Twitter: [@HirodaiGuitar](https://twitter.com/HirodaiGuitar)

Email: hugc@hotmail.co.jp or hugcguitar@gmail.com

Equipment:

None



Hard Tennis Club:

This club is the strongest and most serious tennis club in Hirodai. They welcome Beginners but because they take club activities seriously, it may be hard and you shouldn't skip practice, if possible. There are three big tournaments during the year within this club. If you just want to try it out, they can rent you some equipment, but after joining you should bring your own shoes, racket and sports clothes. As long as you try hard they will welcome you, if you want to join their club.

Time:	4 Times a week for 3 hours skipping not that welcomed)
Place:	Tennis Court Nr. 5
Fee:	2500 yen/ month
Contact:	Website: https://hirodaitennisbu.wixsite.com/hirodaitennis , Twitter: https://twitter.com/hirodaitennis , Facebook: https://www.facebook.com/GuangDaoDaXueYingShitenisuBu Email: radical.tk.0628@icloud.com (will change)
Note:	"Not just a tennis club, also group activities and a way to mature"



Hot Air Balloon Circle B.C. 有頂天:

B.C. Uchoten is a hot air balloon circle where you can experience flying a hot air balloon. Flying in Saijo area is possible only from November until the end of April, at other times the circle travels to other parts of Japan to fly the balloons, which can be a good opportunity to see other parts of Japan.

Time:

Depends on the weather and the people who can participate at that time. Flying usually early in the morning.

Place:

Usually somewhere around Higashi-Hiroshima, but sometimes the circle travels to other parts of Japan as well.

Fee:

Entrance fee 3000 yen, monthly fee 3000 yen.

Contact:

Website: <http://bcuchoten.wixsite.com/bcuchoten>

Twitter: [@bcuchoten](https://twitter.com/bcuchoten)

Email: bcuchoten@gmail.com

Equipment:

Working gloves recommended, but it is possible to borrow them.

Note:

It is not allowed to fly a hot air balloon in Higashi-Hiroshima from May until the end of October.



laido Club 居合道部:

laido is a traditional Japanese budō focused on swords. It is okay for beginners to join and skip practice sometimes. There are two to three demonstration events during the year.

Time:

Mondays and Thursday from 18:30-20:30.

Place:

Integrated arts & science (K102)

Fee:

500yen/month

Contact:

Website: <http://hirodayagyu.wixsite.com/index>

Twitter: [@hirodayagyu](https://twitter.com/hirodayagyu)

Email: b150956@hiroshima-u.ac.jp (Eiki Ryoga)

Equipment:

Sword, uniform etc., in total approx. 50,000 yen.



Jogging Circle “Hirodai Runners”:

The members of the jogging circle run around the campus area twice a week. You can go at your own pace, so you do not have to worry even if you have never jogged before. While jogging, people usually group up so they can talk with others during the activity, so you can get a lot of Japanese practice as well. Throughout the year there are events such as a summer camp, or holding a stand at festivals held at the university

Time:

Monday and Thursday for 90 minutes, skipping is okay.

Place:

At the beginning, everyone gathers at the North Gymnasium.

Fee:

No fee

Contact:

Website <https://hirodairunners.jimdo.com/>

Twitter [@hirodairunners](https://twitter.com/hirodairunners)

Equipment:

Clothes and shoes suitable for jogging.



Mountain Climbing Club ワンダーフォーゲル部:

This club focuses on mountain climbing and hiking, but in addition sometimes they might do other outdoor activities such as cycling or skiing. On weekdays there are training sessions in preparation for longer trips that occur on weekends. These training sessions can include things from jogging to studying how to handle injuries. Most years there are two very long trips, one in the spring and one in the fall.

Time: Training usually twice a week from 6pm, and a trip every other weekend.

Place: Training usually starts at the North Gymnasium.

Fee: Entrance fee 2500 yen, then 3000 yen every 6 months. Furthermore, special equipment is required, which cost around 45 000 yen in total.

Contact: Website: <http://huwv2015pv.wixsite.com/wandervogel>,
Twitter: @huwv2015

Note: Understanding the study material might be a challenging if your Japanese level is not advanced.



Plaza de España プラザ・デ・エスパーニャ:

The Plaza de España is Hirodai's **Acapella club**. For people, who like singing, this is the right place to go. Since there are people, who speak English, so it's okay, even if you don't speak any Japanese. In addition, the club sings Japanese and foreign songs. They welcome everyone who love singing and want to become better singers. Throughout the year there are various events and performances.

Time: Depending on the band you're are assigned to.

Place: Depending on the band you're are assigned to.

Fee: 3,000 yen/ semester

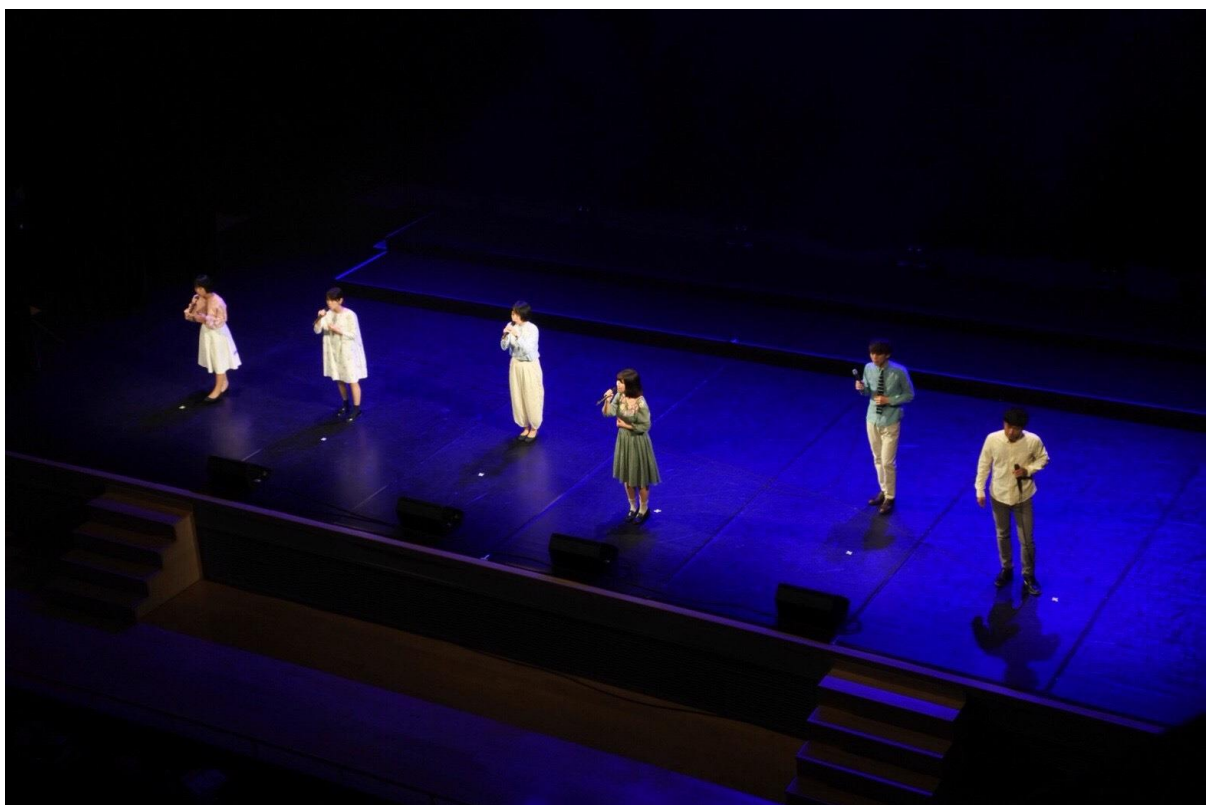
Contact: Website: <http://hirodaipde.weebly.com>

Twitter: [@acappella_pde](https://twitter.com/acappella_pde)

Email: pdenyuudan2018@gmail.com

Equipment: None

Note: For people who love singing or want to become better singers.



Rhythmic Dance Club:

The dance club practices various street dance genres such as hip hop, locking, breakdance and many others. The club is quite serious about their performances so if you are planning to join, be prepared for many practice sessions for a few weeks leading up to a performance. Skipping practice occasionally is okay. The club performs at several big events throughout the year, such Yukata Festival in the summer and University Festival in the autumn.

Time:	Wednesdays from 19- 21 and Sunday from 10- 12, but the practice times increase when getting close to a performance.
Place:	North Gymnasium or at the buildings of the faculty of Integrated Arts and Sciences
Fee:	Around 15 000 yen / year
Contact:	Twitter: @HirodaiRDC .; Instagram: @hiroshimarhythmic , Facebook: HirodaiRDC , Email: b166369@hiroshima-u.ac.jp (鴨木 皓平 KAMOKI Kouhei)
Equipment:	Shoes for both inside and outside practice, and clothing suitable for exercise.
Note:	The club accepts beginners only in the spring! If you have earlier dancing experience, you should contact the club and ask if it possible for you to join at other times.



Sushi Circle:

The SUSHI Circle aims to connect international students and Japanese students by organizing various events and activities, and this way break the language barrier that often comes in the way of having fun together. These activities can be things like dodgeball tournaments, BBQ events, or cooking classes. The goal is to organize at least one event every 2-3 months. Everyone is welcome to join these events. However, if you want to join the circle itself, you need to have a pretty high conversational level in Japanese, so you can properly participate in the planning phase.

Time:

Once a week for 30 mins to 1 hour, depending when the members are available.

Place:

One of the meeting rooms of Student Plaza

Fee:

No fee.

Contact:

Twitter: [@2018Sushi](https://twitter.com/2018Sushi)

Facebook: [SUSHI サークル/SUSHI Circle 2018](https://www.facebook.com/SUSHI-%E3%83%BC%E3%83%9C%E3%83%93/SUSHI-Circle-2018)

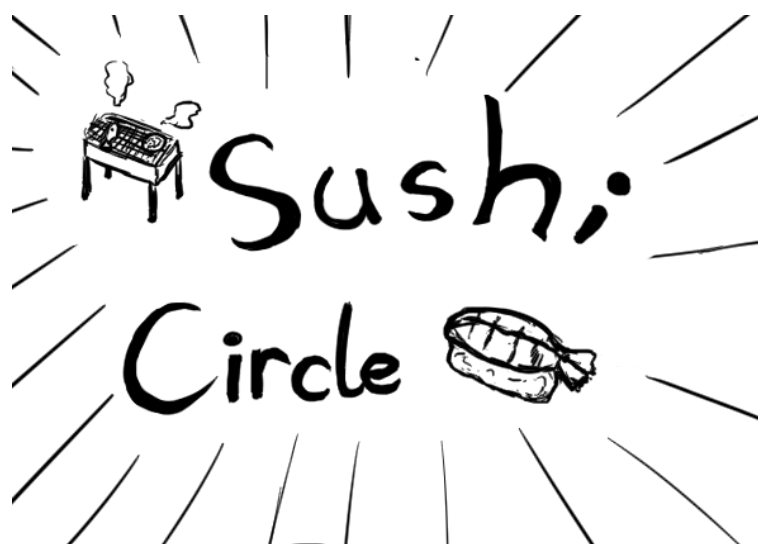
Email: b172767@hiroshima-u.ac.jp (Risato Azami)

Equipment:

None

Note:

Even if you do not join the circle, you are welcome to join the events they organize.



Talk x Talk:

The main purpose of this circle is to practice English by playing games, talking about specified topics, or just by doing free talk. Because Talk x Talk really wants international students to join as well (to give them more motivation to use English), they have also agreed to help international students with Japanese during breaks or after the activity. Joining this circle is also a great way to make Japanese friends even if you do not speak Japanese yourself, since most of the members can speak English quite well. It is okay even if you just join occasionally.

Time:

Usually at least once a week. The time and day depends on the week.

Place:

Room in Integrated arts & sciences building or in the West Library.

Fee:

No fee.

Contact:

Twitter [@talk_hirodai](https://twitter.com/talk_hirodai)

Equipment:

None

Note:

Great way to make Japanese friends even if you do not speak Japanese.



Other Clubs and Circles:

Could not find anything that interests you here? In Hiroshima University, there are dozens if not hundreds of clubs and circles, so there certainly exists one that you could join as well. The problem, however, is finding those clubs. We faced that problem when we were creating this guidebook, so we also had to come up with some solutions. Below are some ways that we used to find clubs and circles at Hiroshima University:

There are many, many club flyers on several bulletin boards at the Faculty of Integrated Arts & Sciences building K. However, some of them can be really old, and in general, the flyers are not organized in any clear way.

Talking to people. Whenever you meet new people, especially Japanese students, it doesn't hurt to ask if they are part of any clubs, or if they know any interesting ones.

Going to the entrance ceremony site for new students. This is only possible, if you are in Higashi-Hiroshima in April, when the entrance ceremony is being held. This is probably the most effective way to get in touch with many clubs in a short time, as nearly all the clubs will go to the site in order to recruit new members. However, they are mostly focused on recruiting new freshmen, so you have to actively go and talk to the recruiters there for information.

Going to Spain Hiroba near Integrated Arts & Sciences at spring. Many clubs and circles are gathered at this area for couple of weeks after the entrance ceremony, in order to recruit more members.

We hope that you can find some activity that interests you here, so you can enjoy your time in Hiroshima University even more. Join a club and have fun!